



Vowel Exercises

Lips Practice

Open your mouth and push your lips gently forward to make the shape of an 'O'.

Tuck the tip of your tongue behind your lower front teeth. Try not to move the tip of your tongue during your vowel exercises. You are only going to move your lips by opening and closing.

Sound File: Track 9

Mah Maw Moo May Moh Mah Maw Moo May Moh Mah Maw Moo May Moh

Pah Paw Poo Pay Poh Pah Paw Poo Pay Poh Pah Paw Poo Pay Poh

Bah Baw Boo Bay Boh Bah Baw Boo Bay Boh Bah Baw Boo Bay Boh

Lah Law Loo Lay Loh Lah Law Loo Lay Loh Lah Law Loo Lay Loh